

Phoenix area: ADH/CDH Training Blitz (6-credit hours)

Offered Friday, March 26, 2010 from 9:00am—3:30pm

Same day on-site registration (\$20) from 8:30am-9am

Please complete the following registration form and postmark with payment by March 12, 2010 to the address listed below. One registration form per person, please. If you have any questions, please contact Cynthia Thomas at 520-343-8441 cynthia@allinthefamilyllc.com OR Gary Davis at 602-319-5223 gary@allinthefamilyllc.com

First Name: _____ Last Name: _____

Title (please circle): ADH Provider CDH Provider Other: _____

Email Address: _____

Cell Phone: (____) _____ Home Phone: (____) _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Pre-registration cost: \$15 per person; lunch is included

Do you have **special dietary needs**? No Yes Explain: _____

PLEASE NOTE: All training classes are free for All in the Family, LLC licensed providers.

This OLCR Approved Training Blitz (worth 6 credit hours) is offered at the following location:

Friday, March 26, 2010 **9:00am—3:30pm**

Southeast Valley Baptist Church

710 E. Williams Field Road

Gilbert, AZ 85295

(NW Corner Williams Field Rd & Lindsey Rd) FREE PARKING

Register Today for this OLCR Approved Training Blitz!

1. Phone Cynthia Thomas at 520-343-8441 or email her at cynthia@allinthefamilyllc.com to pre-sign and let her know you're registering.
2. Fill out your registration form.
3. Make check out to AITF. Please note: Registration form and check should be postmarked by March 12, 2010. **If you are unable to make this deadline, please contact Cynthia to make registration arrangements.**
4. Make your respite arrangements if needed.
5. Once you've paid, check your email/voicemail for a Training Blitz registration confirmation.

To register: please mail this registration form and a check made out to AITF to:

All in the Family, LLC

Attention: Cynthia Thomas

2231 N. Indian Ruins Road #4

Tucson, AZ 85715

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PLEASE NOTE: the following are the synopsis of the trainings offered at this ADH/CDH Training Blitz.

1) Creating Personal Growth: What Happened to Self-Determination?

Let's identify and define what self-determination for people with physical and developmental disabilities looks like; let's see what DES/DDD says ADH/CDH providers must abide by in terms of encouraging and promoting personal health, safety & growth, and while we're at it, let's see if we support our own personal self-determination.

Are children and adults with Developmental Disabilities basically like children and adults everywhere? Should people with disabilities determine their own futures, seeking assistance from families and friends when appropriate? **Should everybody, to the best of their ability, have the opportunity to be in charge of their life, to live it the way they see fit, and not to someone else's satisfaction?**

Could the biggest stumbling block for all people, those with developmental disabilities included, be the fact that very few of us are exposed, or are allowed to be exposed, or *allow ourselves to be exposed*, to many of the numerous opportunities that await us? Are we so conditioned to think of ourselves in terms that relate to our immediate surroundings that we don't recognize there might be a world waiting with more possibilities? It takes a lot of searching to find out what a person truly wants and needs out of life. **People tend to get apathetic and accept where they and others presently are.** It takes time and commitment to learn by experience what works for each individual and what doesn't.

Could this be one outcome? People with disabilities should be supported as full members of their residential settings AND the communities they live in, instead of just boarders and clients of programs, schools, and agencies. **Is this a viable and practical statement?**

Come prepared to interact. Be thinking of YOUR opinion about personal growth, for the individuals you support, your family members, and yourself.

2) Chemical Hazards in Your Home and Community

Chemicals are a part of your everyday life. Your vehicle runs on chemicals, they clean your clothes, yard & home, and chemicals are often used in the process of beautifying your home. Think paint is problem-free? Solvents are among the most common toxic materials in your home and paint thinner is one of the most common solvents.

Some chemicals might be a necessary part of your life, although you might not think of the materials and supplies you use at home as "chemicals". **So, let's talk about the four (4) basic chemical hazards groups—flammable, corrosive, toxic, and reactive—and identify some examples of each group.** Let's take a look at how the research says these chemical hazards can injure or hurt someone. Let's look at **safe handling procedures**, what use some of these chemicals have, and what type of storage applies to each of the different types of chemical hazards.

Let's discuss the four (4) different routes of entry through which chemicals can get into our bodies, what chemical safety in the home should consist of, some common terms that might be listed on container labels, some basic emergency care, how to evaluate warning labels, and what Material Safety Data Sheets are.